



Premium, medicinal, and mineral water-a flowing deception without health

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In 2023, the total revenue of the mineral spring industry in Germany was 4.01 billion euros. However, Prof. Dr. Hans Hauner, a multi-award-winning nutritional scientist and director of a research group at the Technical University of Munich (TUM), sees no health benefit in mineral, premium, or so-called "medicinal waters"

To the article contribution

It's good.

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