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A recent study by four authors from the University of Washington in Seattle answers the question of why many consumers of cell-available water experience a massive improvement in their vitality that goes far beyond classical hydration.

The authors describe why structured or "enlivened" water is better integrated into cellular

processes. The study results demonstrate: structured water is not a speculative concept, but rather cell-available and a phenomenon that is verifiable through biophysical methods and is crucial for your cellular function.

Due to copyright reasons, we cannot display the entire study, so we provide you with the source here and in the following posts the most important excerpts from the content. You will also find a "scientifically substantiated position paper" as a PDF file in the attachment.

Source/Study: Frontiers in Physiology, 2023 View Study - Title: Interfacial Water and Its Role in Biological Energy Conversion - Authors: Gerald H. Pollack, Tao Pang, Omar S. Hossain, Nayan Mani Ojha - Published in: Frontiers in Physiology - Date: May 30, 2023 - DOI: 10.3389/fphys.2023.1173767 - Journal Impact: Renowned open-access journal with peer review

It's good.
**to be truu.**