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Everyone has probably experienced it to varying degrees: you drink water and even though it doesn't taste bad, you quickly feel you've had "enough" or feel satiated. Then you drink a different water and it seems to quench your thirst less because you want to drink much more of it.

Where does the altered thirst come from with different waters?

If we assume that the human body consists of 60-70 % water content, approximately two-thirds of the water is located inside the cell (intracellularly), while the rest is located outside (extracellularly), that is between the cells and also in the blood plasma. The intracellular water consists of particularly small clusters, because the body only allows the best water into its innermost areas. For extracellular water to enter the interior of a cell, it must pass through what are called aquaporins.

Aquaporins are very, very fine channels in the cell membrane that connect the cell interior with the exterior. In these channels, the larger molecular compounds or cluster accumulations of water are broken down and converted into very small clusters. Nature has arranged this way because only the most vital, life-promoting water inside the cell can perform its highly specific function.

Cells that are not adequately supplied internally with good, cell-available water suffer. Deficiencies occur, the cell shrinks-a clear sign of rapid aging. When malfunctions occur (cancer), it degenerates and organs become sick.

The process of transformation within the aquaporins is very energy-intensive for the cell and requires considerable effort from the body. If the body is supplied from outside with highly pure (cell-available) water-similar to the water inside the cell-this means considerable energy savings. The cell membrane channels need to expend far less energy to break down the intermolecular hydrogen bonds in order to supply the cell interior, so this water can take on its function as a solvent and transport medium much faster and more efficiently. So when you

drink fresh, high-quality, pure, revitalized water with smaller cluster bonds, you can observe how your body (and its cells) literally draws this water into itself.

People usually wonder how much they can drink and still want more. Or fatally: they think something is wrong with the water because it apparently "doesn't satisfy". But it's the opposite-something is wrong with their usual water.

Anyone who has never experienced the effect of cell-available water on their body should try it at least once in their lifetime for one week! Throughout Germany and Switzerland, there are so-called "water filling stations" where this is possible free of charge. The only prerequisite is your interest and willingness to attend a (free) expert lecture in order to understand and correctly interpret the correlations, reactions, and phenomena that can occur with the consumption of the purest, toxin-free water. If you would like to bring a bottle of your own drinking or tap water on this occasion, you will learn the interesting measured values of your water on site and can immediately compare it with the taste and effect of the purest, cleanest water.

Send an e-mail with your postal code and your telephone number to the address: truu@gmx.net, if you would like to experience the "gut feeling" of cell-available drinking water and find out where and when the next expert lecture will take place in your area!

Water clusters
https://de.wikipedia.org/wiki/Wassercluster

It's good.
to be truu.