# "Natural Mineral Water"

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Homo Sapiens was accustomed for approximately 200,000 years to drinking "natural water," water as it fell freshly distilled from the sky and in a very clean, pure state from lakes or flowing waters and sometimes from springs. Today, mineral water bottlers pump water from wells hundreds of meters deep to the surface in order to sell it in bottles. The industry not without reason calls this water "natural mineral water," but the "natural" refers to the mineralization that occurs when flowing through rock layers. Pumping water mechanically from the greatest depths and drinking it was for humans for nearly 200,000 years of their entire existence completely unnatural. As documented multiple times in this Telegram channel by doctors and scientists, this non-natural drinking water is very taxing on the human body and causes numerous so-called civilization diseases and shortens lifespan. The best and healthiest drinking water for humans is the best approximation to the original, natural water of Homo Sapiens of old: water that evaporates, whereby during the transition to the gaseous state the liquid crystals themselves are completely destroyed. All information contained in the water is also lost, and only during cloud formation, i.e., when the condensation droplets come into contact with the air, does it absorb the first information again and falls as distillate (distillare, Latin for dripping down) to the ground. It flows across the earth's surface, absorbs energy in the process, and finally serves as pure, clean, and "revitalized" water as drinking water. - A cycle that today can hardly take place in such an ideal manner due to air, soil, and water pollution.

It's good.
**to be truu.**