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Prof. Dr. Stefan Hockertz cites in this video interview as an example of the contamination of our tap water contraceptives (he refers to contraceptives) and anticancer agents (cytostatics).

Even in Swiss mountain lakes, only 80-90% female fish are found. How hormones reach high altitudes is explained, among other things, in the video. The low biological availability for contraceptives is the reason that 90-95% and more of the hormones leave the body again and enter the wastewater.

Anticancer agents used in chemotherapy prevent cell growth and cell division. 92-95% of these agents are NOT absorbed by the body flow into our wastewater, flow unimpeded through our treatment plants and thus enter our water cycle, through the kitchen tap and into potato soup or into our coffee, tea, etc. Hockertz also mentions diclofenac - an anti-inflammatory ointment.

It's good.
to be truu.